ADHD Assessment with QbCheck

What should you expect?

A diagnostic assessment for ADHD involves three main parts: gathering a clinical history through an interview with your provider, completion of one or more rating scales, and an objective measurement of symptoms using QbCheck.



What is QbCheck?

<u>QbCheck</u> is an ADHD test FDA-cleared for use when diagnosing *and* measuring response to treatment.

QbCheck involves a 15- 20-minute computer-based task that measures attention, impulse control, and activity levels, the webcam on your laptop or desktop tracks your movements during the test. The results compare your performance with data from other people of the same sex and age who do not have ADHD.

What do results look like?

Sample reports are shown below

<u>Download sample reports</u>



When will I receive my results?

The raw data is available to your provider immediately after the test is completed. However, your clinician must interpret the data. Be sure to schedule a follow-up appointment to review your results.

In some cases, feedback can be provided in the same appointment, but sometimes a follow-up appointment will need to be scheduled. **[optional to include]**

How should I prepare for the test?

- Ensure that you have had adequate sleep the night before the test.
- Avoid consuming excessive amounts of caffeine the day of the test.
- Full instructions will be provided prior to the test.

How often will I take an ADHD test?

Testing is typically completed with the following frequency:

[insert your own version of the image below]

When will my clinician use QbCheck?



ADHD Evaluation	Starting Treatment	Follow-up Assessment
QbCheck is used together with other clinical measures to help your clinician make more informed decisions about ruling in or ruling out ADHD.	If you receive a diagnosis and you are prescribed ADHD medication, your clinician can QbCheck for treatment monitoring purposes.	Your clinician may use QbCheck at regular intervals to understand how your core symptoms may change over time. Your clinician can compare
	Your clinician may ask you to perform another test when you start your prescribed ADHD treatment to see what impact it has on your inattention,	your latest report against reports obtained at any other point in time, for example to measure the efficacy of treatment over longer periods of time.
	hyperactivity and impulsivity.	longer periods of time.



OPTIONAL:

Why test for ADHD?

Including objective ADHD testing can help...

- 1. Improve the diagnostic accuracy
- 2. Shorten the time to diagnosis
- 3. Capture treatment response not reflected by rating scales

